

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

BLUE WING WARRIORS

August 2020

LAWTON/ FT. SILL VETERANS CENTER



9-11 RED WING OFF UNIT 1
LEISURE TIME
9:30 YELLOW WING
ACTIVITIES
1-3 BLUE WING OFF UNIT
LEISURE TIME
1:30 BLUE WING
ACTIVITIES

8:00-10:00 YELLOW WING 2
ACTIVITIES
10:00-NOON GREEN WING
ACTIVITIES
1:00 BLUE WING CHURCH
1:30 RED WING CHURCH
2:00 RED WING ACTIVITIES
2:00 GREEN WING CHURCH
3:00 BLUE WING ACTIVITIES

8:00 TIA CHI 3
EXERCISES
10:00 CLIP & FILE
1:00 ARTS & CRAFTS
3:00 Wii BOWLING ON
UNIT

8:00 TIA CHI EXERCISES 4
10:00 OUTSIDE TIME
FILLING BIRD FEEDERS
1:00 BINGO
3:00 ONE ON ONES

8:00 TIA CHI EXERCISES 5
9:00 DONUTS ON UNIT
10:30 BLUE WING
RESIDENTS MEETING
1:00 MOVIE & SALSA &
CHIPS
3:30 ONE ON ONES

8:00 TIA CHI EXERCISES 6
10:00 OUTSIDE PATIO,
WORKING ON GARDEN
1:00 DOMINOES
2:00 OUTING ON BUS
3:00 DOMINOES

8:00 TIA CHI EXERCISES 7
10:00 ARTS & CRAFTS
Wii BOWLING
1:00 OUTSIDE GOLF CART
RIDES/ WALKS TO DOCK

9-11 RED WING OFF UNIT 8
LEISURE TIME
9:30 YELLOW WING
ACTIVITIES
1-3 BLUE WING OFF UNIT
LEISURE TIME
1:30 BLUE WING
ACTIVITIES

8:00-10:00 YELLOW WING 9
ACTIVITIES
10:00-NOON GREEN WING
ACTIVITIES
1:00 BLUE WING CHURCH
1:30 RED WING CHURCH
2:00 RED WING ACTIVITIES
2:00 GREEN WING CHURCH
3:00 BLUE WING ACTIVITIES

8:00 TIA CHI 10
EXERCISES
10:00 CLIP & FILE
1:00 ARTS & CRAFTS
3:00 Wii BOWLING ON
UNIT

8:00 TIA CHI EXERCISES 11
10:00 OUTSIDE TIME
FILLING BIRD FEEDERS
1:00 BINGO
3:00 ONE ON ONES

8:00 TIA CHI EXERCISES 12
9:00 DONUTS ON UNIT
10:30 BLUE WING DOMINO
TOURNAMENT
1:00 MOVIE & FRUT &
CHEESE
3:30 ONE ON ONES

8:00 TIA CHI EXERCISES 13
10:00 OUTSIDE PATIO,
WORKING ON GARDENS
1:00 BLT SOCIAL
1:00 GOLF CARD GAME
3:00 ONE ON ONES

8:00 TIA CHI EXERCISES 14
10:00 ARTS & CRAFTS
Wii BOWLING
1:00 OUTSIDE GOLF CART
RIDES/ WALKS TO DOCK

9-11 BLUE WING OFF UNIT 15
LEISURE TIME
9:30 YELLOW WING
ACTIVITIES
1-3 BLUE WING OFF UNIT
LEISURE TIME
1:30 BLUE WING
ACTIVITIES

8:00-10:00 YELLOW WING 16
ACTIVITIES
10:00-NOON GREEN WING
ACTIVITIES
1:00 BLUE WING CHURCH
1:30 RED WING CHURCH
2:00 RED WING ACTIVITIES
2:00 GREEN WING CHURCH
3:00 BLUE WING ACTIVITIES

8:00 TIA CHI 17
EXERCISES
10:00 CLIP & FILE
1:00 ARTS & CRAFTS
3:00 Wii BOWLING ON
UNIT

8:00 TIA CHI EXERCISES 18
10:00 OUTSIDE TIME
FILLING BIRD FEEDERS
1:00 OUTING ON BUS
3:00 ONE ON ONES

8:00 TIA CHI EXERCISES 19
9:00 DONUTS ON UNIT
10:30 BLUE WING Wii
BOWLING
1:00 MOVIE & ICE CREAM
SOCIAL
3:30 ONE ON ONES

8:00 TIA CHI EXERCISES 20
10:00 OUTSIDE PATIO,
WORKING ON GARDENS
1:00 BINGO ON UNIT

8:00 TIA CHI EXERCISES 21
10:00 ARTS & CRAFTS
Wii BOWLING
1:00 OUTSIDE GOLF CART
RIDES/ WALKS TO DOCK

9-11 BLUE WING OFF UNIT 22
LEISURE TIME
9:30 YELLOW WING
ACTIVITIES
1-3 BLUE WING OFF UNIT
LEISURE TIME
1:30 BLUE WING
ACTIVITIES ADRIAN

8:00-10:00 YELLOW WING 23
ACTIVITIES
10:00-NOON GREEN WING
ACTIVITIES
1:00 BLUE WING CHURCH
1:30 RED WING CHURCH
2:00 RED WING ACTIVITIES
2:00 GREEN WING CHURCH
3:00 BLUE WING ACTIVITIES

8:00 TIA CHI 24
EXERCISES
10:00 CLIP & FILE
1:00 ARTS & CRAFTS
3:00 Wii BOWLING ON
UNIT

8:00 TIA CHI EXERCISES 25
10:00 OUTSIDE TIME
FILLING BIRD FEEDERS
1:00 BINGO
3:00 ONE ON ONES

8:00 TIA CHI EXERCISES 26
9:00 DONUTS ON UNIT
10:30 BLUE WING
RESIDENTS MEETING
1:00 MOVIE & POPCORN
BAR ~SPECIAL TOPPINGS
3:30 ONE ON ONES

8:00 TIA CHI EXERCISES 27
10:00 OUTSIDE PATIO,
WORKING ON GARDENS
1:00 GOLF CARD GAME
2:00 OUTING ON BUS

8:00 TIA CHI EXERCISES 28
10:00 ARTS & CRAFTS
Wii BOWLING
1:00 OUTSIDE GOLF CART
RIDES/ WALKS TO DOCK
MONTHLY BIRTHDAY CAKE

KARLA OFF

9-11 BLUE WING OFF UNIT 29
LEISURE TIME
9:30 YELLOW WING
ACTIVITIES
1-3 BLUE WING OFF UNIT
LEISURE TIME
1:30 BLUE WING
ACTIVITIES KARLA

8:00-10:00 YELLOW WING 30
ACTIVITIES
10:00-NOON GREEN WING
ACTIVITIES
1:00 BLUE WING CHURCH
1:30 RED WING CHURCH
2:00 RED WING ACTIVITIES
2:00 GREEN WING CHURCH
3:00 BLUE WING ACTIVITIES

8:00 TIA CHI 31
EXERCISES
10:00 CLIP & FILE
1:00 ARTS & CRAFTS
3:00 Wii BOWLING ON
UNIT tournament
KARLA OFF

**OFF UNIT LEISURE TIME:
MONDAY-FRIDAY
9:00AM-4:00PM**

***PLEASE BE SURE TO WEAR A MASK WHEN YOU ARE OUT OF YOUR ROOM. DINING ROOM OPEN FOR ICE CREAM M-F 1:30PM
RESTORATIVE GYM IS CLOSED AT THIS TIME. REMEMBER, WE ARE NOT ALLOWED TO GO ONTO OTHER WINGS.**