

**NORMAN DIVISION OF THE OKLAHOMA VETERANS CENTER
WEEKLY MENU FOR FALL & WINTER**

WEEK # 2

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	11/4	11/5	11/6	11/7	11/8	11/9	11/10
B R E A K F A S T	HOT/COLD CEREAL FRUIT JUICES EGG OF THE DAY BREAKFAST HAM TOAST/JELLY MARGARINE COFFEE/MILK/TEA	HOT/ COLD CEREAL FRUIT JUICES SAUSAGE LINKS PANCAKES & SYRUP COFFEE/MILK/TEA	HOT /COLD CEREAL FRUIT JUICES EGG OF THE DAY BACON DONUTS COFFEE/MILK/TEA	HOT/ COLD CEREAL FRUIT JUICES SAUSAGE PATTY BELGIAN WAFFLE & SYRUP MARGARINE COFFEE/MILK/TEA	HOT/COLDCEREAL FRUIT JUICES EGG OF THE DAY BACON TOAST/JELLY MARGARINE COFFEE/MILK/TEA	HOT/COLD CEREAL FRUIT JUICES EGG OF THE DAY FRESH FRUIT/YOGURT BACON BISCUIT/GRAVY COFFEE/MILK/TEA	HOT/COLD CEREAL FRUIT JUICES EGG OF THE DAY SAUSAGE PATTY TOAST/MARGARINE JELLY COFFEE/MILK
L U N C H	HONEY ROAST PORK TENDER LOIN BAKED SWEET POTATO PAPRIKA CAULIFLOWER ROLL/MARG BANANAS FOSTER CAKE COFFEE/TEA COOKS CHOICE	CHICKEN & WILD RICE GREENS BREAD/MARG LEMON BARS COFFEE/TEA STUFFED SHELLS	COUNTRY FRIED STEAK MASHED POTATOS & GRAVY GREEN BEANS ROLL/MARG PEANUT BUTTER PIE COFFEE/TEA BLT WRAPS	FRIED CHICKEN AUGRATIN POTATOES MIXED VEGETABLES BREAD/MARG FRUITED BAVARIAN COFFEE/TEA PORK KABOBS	BBQ PORK/BUN FRIED OKRA COLESLAW CHOCOLATE CAKE/FROSTING COFFEE/TEA HAM BURGER STEAKS	FRIED FISH CORN SPINACH HUSH PUPPIES STRAWBERRY SHORTCAKE COFFEE/TEA CHILI	POT ROAST/AU JUS BUTTERED NEW POTATOES BABY CARROTS ROLL/MARG CARAMEL SWIRL PUDDING COFFEE/TEA COOKS CHOICE
D I N N E R	BEANS & FRANKS CORN TOSSED SALAD BREAD/MARG BLUSHING PEARS COFFEE/TEA SAUSAGE ALFREDO	OPEN FACED BEEF SANDWICH & BROWN GRAVY COLESLAW FRUTTI DELIGHT COFFEE/TEA CHICKEN FAJITAS	CHICKEN BURGER TATER TOTS LETTUCE, TOMATO & PICKLES FRUIT COBBLER COFFEE/TEA PORK LOIN IN MUSHROOM GRAVY	BEEF STEW/POTATOES BEET & ONION SALAD CORNBREAD COOKIES COFFEE/TEA SHRIMP & CLAMS	STIR FRIED CHICKEN EGG ROLL STEAMED RICE SWEET & SOUR SAUCE BREAD PUDDING COFFEE/TEA GRILLED CHEESE	CRUSTED BAKED PORK CHOP MASHED POTATOES & BROWN GRAVY CHOICE VEGETABLE BREAD/MARG FRUIT CRISP COFFEE/TEA COOKS CHOICE	CHICKEN ENCHILADAS WITH SOUR CREAM SAUCE YELLOW RICE LETTUCE.TOMATO CINNAMON BAKED APPLES COFFEE/TEA COOKS CHOICE

11-04-2018

TERRY WALKER, DIETARY MANAGER - DEBBIE LEONARD, R.D./L.D. - MENU SERVED MAY CHANGE OR VARY DUE TO DIET