

**NORMAN DIVISION OF THE OKLAHOMA VETERANS CENTER
WEEKLY MENU FOR FALL & WINTER**

WEEK # 2

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9/30	10/1	10/2	10/3	10/4	10/5	10/6
B R E A K F A S T	HOT/COLD CEREAL FRUIT JUICES EGG OF THE DAY BREAKFAST HAM TOAST/JELLY MARGARINE COFFEE/MILK/TEA	HOT/ COLD CEREAL FRUIT JUICES SAUSAGE LINKS PANCAKES & SYRUP COFFEE/MILK/TEA	HOT /COLD CEREAL FRUIT JUICES EGG OF THE DAY BACON MUFFIN COFFEE/MILK/TEA	HOT/ COLD CEREAL FRUIT JUICES SAUSAGE PATTY BELGIAN WAFFLE & SYRUP MARGARINE COFFEE/MILK/TEA	HOT/COLDCEREAL FRUIT JUICES EGG OF THE DAY BACON TOAST/JELLY MARGARINE COFFEE/MILK/TEA	HOT/COLD CEREAL FRUIT JUICES EGG OF THE DAY FRESH FRUIT/YOGURT BACON BISCUIT/GRAVY COFFEE/MILK/TEA	HOT/COLD CEREAL FRUIT JUICES EGG OF THE DAY SAUSAGE PATTY TOAST/MARGARINE JELLY COFFEE/MILK
L U N C H	HONEY ROAST PORK TENDER LOIN BAKED SWEET POTATO PAPRIKA CAULIFLOWER ROLL/MARG BANANAS FOSTER CAKE COFFEE/TEA COOKS CHOICE	CHICKEN & WILD RICE GREENS BREAD/MARG LEMON BARS COFFEE/TEA COOKS CHOICE	COUNTRY FRIED STEAK MASHED POTATOS & GRAVY GREEN BEANS ROLL/MARG PEANUT BUTTER PIE COFFEE/TEA LASAGNA	FRIED CHICKEN AUGRATIN POTATOES MIXED VEGETABLES BREAD/MARG FRUITED BAVARIAN COFFEE/TEA HAM & CHEESE SLIDERS	BBQ PORK/BUN FRIED OKRA COLESLAW CHOCOLATE CAKE/FROSTING COFFEE/TEA TURKEY TETRAZZINI	FRIED FISH CORN SPINACH HUSH PUPPIES STRAWBERRY SHORTCAKE COFFEE/TEA PIZZA	POT ROAST/AU JUS BUTTERED NEW POTATOES BABY CARROTS ROLL/MARG CARAMEL SWIRL PUDDING COFFEE/TEA SHEPHERD'S PIE
D I N N E R	BEANS & FRANKS CORN TOSSED SALAD BREAD/MARG BLUSHING PEARS COFFEE/TEA CHICKEN TORTILLINI	OPEN FACED BEEF SANDWICH & BROWN GRAVY COLESLAW FRUTTI DELIGHT COFFEE/TEA FRIED SHRIMP	CHICKEN BURGER TATER TOTS LETTUCE, TOMATO & PICKLES FRUIT COBBLER COFFEE/TEA COOKS CHOICE	BEEF STEW/POTATOES BEET & ONION SALAD CORNBREAD COOKIES COFFEE/TEA GRILLED CHEESE	EGG ROLL & SWEET SOUR SACUE STIR FRIED CHICKEN STEAMED RICE BREAD PUDDING COFFEE/TEA COOKS CHOICE	CRUSTED BAKED PORK CHOP MASHED POTATOES & BROWN GRAVY CHOICE VEGETABLE BREAD/MARG FRUIT CRISP COFFEE/TEA MEAT LOAF	ENCHILADAS YELLOW RICE LETTUCE.TOMATO CINNAMON BAKED APPLES COFFEE/TEA HAM WRAPS

09-30-2018

TERRY WALKER, DIETARY MANAGER - DEBBIE LEONARD, R.D./L.D. - MENU SERVED MAY CHANGE OR VARY DUE TO DIET